

## Preventive Pediatrics 2011

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## Why Preventive Pediatrics?

- Financial Benefit
  - Pay for Performance
  - Increase CPT Reimbursement
  - Capitation
  - Meaningful Use of HER
  - Medical Home Certification



## Preventive Pediatrics: Goals

- Why Preventive Pediatrics?
- What is Preventive Pediatrics?
- How do we do Preventive Pediatrics?
- Who can help with Preventive Pediatrics?




## Why Preventive Pediatrics?

- Clinical Benefit
  - Short term gains (immunizations/safety)
  - Long term gains (heart disease, mental health, cancer)
  - Quality of life (obesity, mental health, development)



# What is Preventive Pediatrics?

- Immunizations and hygiene
- Safety
- Development/MH
- Fitness and nutrition
- Family wellness
- Community

A black and white illustration of a female healthcare provider, possibly a nurse or doctor, sitting on the floor. She is wearing a stethoscope and holding a large teddy bear. Next to her is a first aid kit with a prominent cross symbol. The illustration is positioned to the right of the list of topics.

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# How do we do PP?

- Core resource for in-office practice
- Preparation of patients
- Preparation of practice

- 

**t&k**  
well-child care  
toolkit





*Introducing a Standard of Pediatric Preventive Care that All Children Deserve*

**Well-Child Care Toolkit**

A-2 Topics

Provider Resources

Family Resources

State Resources

EPSPD Resources

Help

**Well-Child Care Curriculum**

Curriculum Outline

Register/Login

Acknowledgements

**Well-Child Care Toolkit**

This toolkit advances the Bright Futures belief that every child deserves to be healthy and that optimal health involves a trusting relationship between the provider, the child, the family, and the community. The resources in this toolkit are in a variety of providers' home settings and are offered to help ensure that all children and families receive the same standard of care.

Click on the links in the diagram below to find the appropriate resources.



**Provider Resources**

  - Agencies and Organizations
  - Cultural and Linguistic Competence
  - Curriculum
  - Documentation
  - Family-Centered Care
  - Healthy People 2010
  - Immunizations
  - Portability
  - Screening Guidelines and Recommendations

**Family Resources**

  - Bright Futures Materials
  - Educational Materials
  - Web Sites

**EPSPD Resources**

  - Requirements
  - Review
  - Policy
  - Guidance
  - State
  - CMS
  - Tool Information System
  - Medical Records
  - State EPSPD Resources

**State Resources**

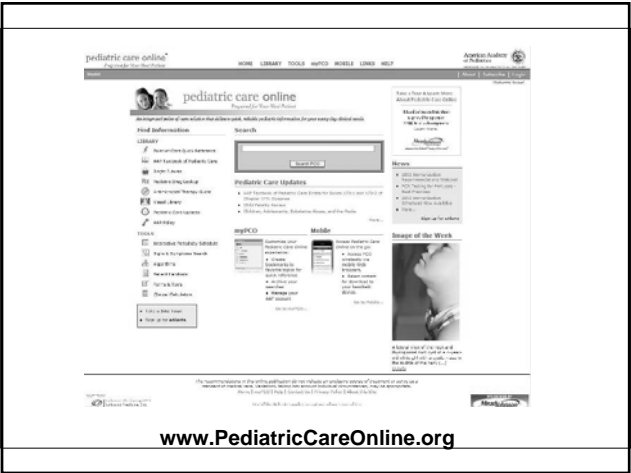
  - Bright Futures Program
  - Find information on your program
  - Submit information
  - State EPSPD Materials and Publications
  - State Health Departments
  - State Immunization Programs and Contacts
  - State Immunization Counseling Contacts

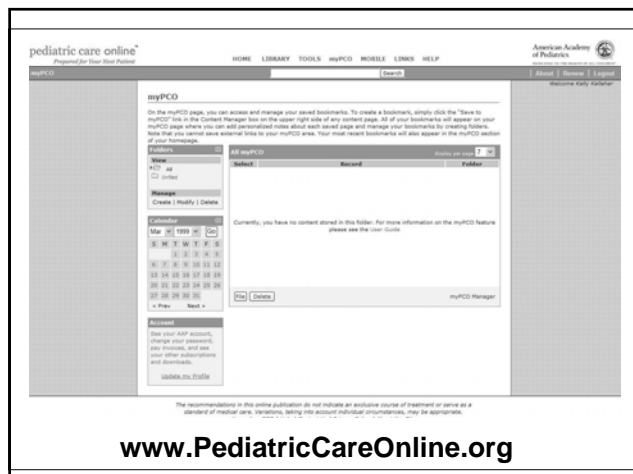
**Site Resources**

  - A-2 Topics
  - Help
  - Glossary

**A "Bright Futures Curriculum for Pediatric Providers"**

Available at: [www.brightfutures.org/curriculum/Pediatric-Provider](http://www.brightfutures.org/curriculum/Pediatric-Provider)
- A "Bright Futures Curriculum for Pediatric Providers"**
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## Bright Futures Resources for Recommended Visits

- Bright Futures Previsit Questionnaire
- Bright Futures Visit Documentation Form
- Bright Futures Parent Handout
- Bright Futures Psychosocial Assessment

## Priorities for the Newborn Visit

- Family readiness (eg Concerns and resources)
- Infant behaviors (eg sleep, calming)
- Feeding (satiation cues, hydration/jaundice)
- Safety (eg car safety seats, tobacco smoke)
- Routine baby care (eg infant supplies, skin care, illness prevention, introduction to future visits)

## Preparation of Families

- Practice intake and education
- Core materials and website/call line/educator
- Methods of communication
- Assessment of literacy
  - *Rapid Estimate of Adult Literacy in Medicine—Short Form (REALM-SF)*
  - *Short Assessment of Health Literacy for Spanish Adults (SAHLSA-50)*

## Health Literacy video



## Local Community Resources

- Health (Title V, SCHIP, Home visiting)
- Development (Head Start, Rec, Early Interv)
- Family Support (WIC, DV, Food Banks)
- Adult Assistance (ESL, Legal Aid, ADAMH)



## Preparation of Office

- Team roles, guidelines and registries
- QI activities
- Identification of surveys, tools and tracking
- Community resources for identified issues



<http://brightfutures.org/wellchildcare/toolkit/index.html>

## **Who can help with PP?**

**Our patients, families and communities**

## **Tablet screening video**



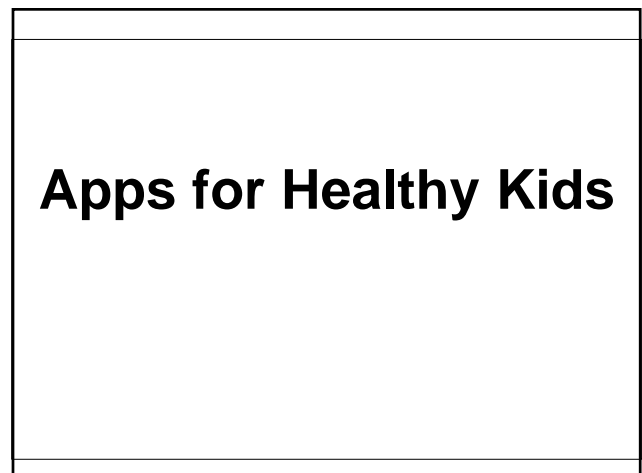
## **Who can help with PP?**

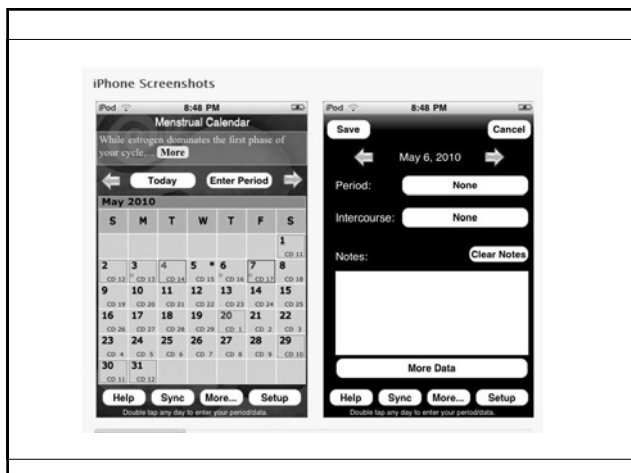
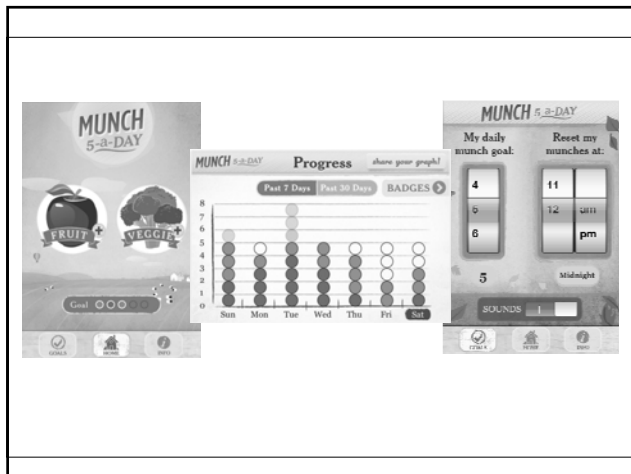
- Patient completed surveys and assessments
  - Paper and pencil
  - Digital
- Patient and family edu/support websites
- Tablet and smartphone apps
- Integrating tools

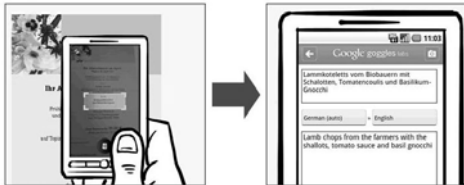
## **Websites for patient information, education and training**

- Generic family health
- Condition specific
- Information vs. Participation









## Integrating Tools for Health Promotion

253,887 runs
1,171,206 mi
441,717 h

### Improve

Dashboard provides insights to boost workout results

See example dashboard

### Personalize

Configure settings to ensure you train the way you want

### Share

Add some fun to your workout by sharing results with friends

### Buddy Runner Demo Video

There are two ways to install BuddyRunner! Manual installation: Go to the "Market" on your Android phone and either search for Buddy Runner using "Search" or find it within the "Fitness" category. Scan Barcode: Open "Barcode Scanner" then Android Market on your phone and scan the QR code to the right then follow the installation instructions

Buddy Runner provides the capabilities of an expensive GPS enabled personal trainer on your Android phone. Buddy Runner allows you to monitor each run by recording your distance, pace, time, elevation, and route. A personal dashboard is created for viewing, analyzing and sharing your progress.

Enjoy the fun!

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## Welcome to Microsoft HealthVault

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- Enter health information
- Connect with tools and services
- Share with caregivers and family

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Create a new account

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If you're part of the health world and want to work with us, please visit our industry pages to:

- Learn how to make your solution work with HealthVault
- Gain access to comprehensive marketing resources
- Get up-to-date news on new and developing tools, services, and more

### Site map

- Consumer Home
- HealthVault Home
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- Learn About Content

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- Account Privacy Statement

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www.healthvault.com





PrincetonLivingWell.com

## Conclusion

- Preventive Pediatrics growing in importance
- Definition changing
  - More community focused
  - More patient/family engaged
- Preparation involves office, family and community
- New tools available to make it easier